



Preventive Care: Well Visits and Immunizations

At Olympia Pediatrics, we believe in providing a high level of health care for children and adolescents in partnership with their parents. Regular well visit appointments and vaccinations are key components to keeping your child healthy.

Olympia Pediatrics strongly recommends vaccinating children. All available scientific evidence favors vaccinating according to the schedule endorsed by the CDC, the AAP and the ACIP. Vaccines protect children from serious illnesses and protect those who are more vulnerable in our community, such as infants too young to be vaccinated and those with weak immune systems. Scientific research consistently supports vaccine safety and effectiveness. This research has repeatedly shown that there is no established link between vaccines and autism, brain damage, or children's chronic health issues. There can be an overwhelming amount of information about vaccines (or immunizations), much of it is incorrect. If you have questions about vaccines, your provider would be happy discuss these with you. We expect and encourage all patients of Olympia Pediatrics to be vaccinated.

Recommended Vaccine Schedule	Birth	2 Months	4 Months	6 Months	9 Months	12 Months	15 Months	18 Months	2-4 Years	4 Years	11 Years	9-14 Years	16-18 Years
Hep B Hepatitis B	X	X	X	X									
DTaP/Tdap (Whooping cough) Diphtheria, Tetanus, Pertussis		X	X	X			X			X	X		
Hib Haemophilus influenza type B		X	X	X			X						
IPV Polio		X	X	X						X			
PCV13 Pneumococcal conjugate		X	X	X			X						
RV Rotovirus (liquid)		X	X	X									
MMR Measles, Mumps, Rubella						X			X				
Varicella Chickenpox						X			X				
Hep A Hepatitis A						X		X					
HPV Human papilloma virus												XX	
MCV4 - types ACWY Meningococcal conjugate											X		X
Men B - type B Meningococcal vaccine													XX
Influenza Seasonal Flu				Children aged 6 months through 8 years require 2 doses the first time they receive the flu vaccine, then 1 dose yearly; Age 9+ receive 1 dose yearly									

Well-child/young adult check-ups are important throughout childhood. A routine preventive exam includes an age appropriate examination, medical history, health screening, immunizations and laboratory/diagnostic screenings, if needed. Check ups are due at the following ages:

- Newborn
- 2 weeks
- 2 months
- 4 months
- 6 months
- 9 months
- 1 year
- 15 months
- 18 months
- 2 years
- 2 1/2 Years
- 3 years
- Yearly after age 3

If your child is not up to date on his/her vaccines, well visits or if you have any questions, please call us to make an appointment. Thank you for being a committed partner in caring for your child's health and wellbeing.